



Norbury Manor

武術流空手

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Mondays
3.30 – 4.30

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BU JUTSU RYU KARATE-DO

At Bu-Jutsu Ryu Karate-Do our aim is to teach people of all ages and abilities self defence, self confidence, self discipline and respect for themselves and others. Training is given by highly qualified instructors that have trained and graded in Okinawa, Japan.

Classes to be paid in advance each ½ Term
Starting Monday 09th January – Monday 06th February
(5 Lessons £12.50 per student)

Please remember that Thursday evening classes at 6pm JUST £2.50 PER LESSON everyone is welcome. If you miss any after school lessons you can train at the Thursday evening class Free!! (During the same term)

For more information please contact Sensei Alan Sadler 4th Dan
020 8651 5783 or 07976845216 Or Visit www.karate.gb.com

Name _____ Age _____ Class _____

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Fee: £12.50 per Student Cash Cheque **(Payable to Bu Jutsu Ryu Karate Do)**

My Child/Children will be collected from school Y N

My Child/Children will make their own way home Y N

Parent/Carers Name _____ Signature _____

Contact Number _____ Mobile Number _____

49 Wentworth Way, South Croydon, Surrey, CR2 9EY
T: 020 8651 5783 M: 07976 845216 E: alansadler@ymail.com W: www.karate.gb.com

Those who train in Bu Jutsu Ryu Karate-Do should help others, never seek trouble, refrain from arguments, and refrain from senseless fighting."